



Curriculum – Mini Kick

Activity # - 30

Game Title:	Freeze Tag	Game Theme:	Movements
Learning Outcome(s):	Speed, balance and coordination		



Organization:

1. 20 x 20 yard area, set up as shown
2. 1 ball per player

Story/Description:

1. The coach is the tagger
2. If the player gets tagged they must stand like statues until the parent helper unfreezes them

Coaching Points:

1. Make sure to stay on the desert island (area)
2. Keep your head up and look out for the coach
3. Stand as still as you can when tagged

Developments:

1. Add the ball
2. Allow players to unfreeze other players